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**CURRICULUM VITAE****JOHN THOMAS SORRELL**

March 2014

**Title & Office Contact Information**

Founder and Director

Behavioral Health Psychology Services

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**EDUCATION / LICENSURE**

State of California Psychology License

License Number PSY 21440

National Provider Identification #: 1417166695

4/27/2007 - present

West Virginia University

Bachelor of Arts, Psychology

Magna Cum Lauda

Minor: Sociology

1997

West Virginia University (APA Accredited)

Master of Arts, Psychology

Doctor of Philosophy, Psychology

2001

2003

Dissertation: Effects of fear of dental pain and information type on fear and pain responding during endodontic treatment.

Chair: Daniel W. McNeil, Ph.D.

Committee: Richard Gross, Ph.D.; Jeannie Sperry, Ph.D.;

Julie Patrick, Ph.D.; Lindsay Cohen, Ph.D.

Thesis: Effects of pain and fear stimulus intensity levels on pain responding among chronic pain patients.

Chair: Daniel W. McNeil, Ph.D.

Committee: Georg Eifert, Ph.D.; Jeannie Sperry, Ph.D.

Clinical Internship (APA Accredited)

Behavioral Medicine

VA Palo Alto Healthcare System

2002 - 2003

Postdoctoral Fellowship

Behavioral Medicine

University of California, San Diego

VA San Diego Healthcare System

2003 - 2005

### PROFESSIONAL AFFILIATIONS

Northern California Association of Pain Psychologists (Steering committee member 2010 - 2012)	2010 - present
Northern California Cognitive Behavioral Therapy Network	2008 - present
International Association for the Study of Pain	2005 - present
Association for Behavior Analysis	1998 - present
American Psychological Association	1996 - present

### CLINICAL & RESEARCH INTERESTS

Chronic pain and pain management	Anxiety disorders and their treatment
Behavioral medicine	Weight control & exercise adherence
Acceptance and Commitment Therapy	Mindfulness-based therapy

### HONORS

Phi Beta Kappa National Honor Society	1997
Golden Key National Honors Society	1996 - 1997
Psi Chi National Honor Society in Psychology	1996 - 1997

### AWARDS

San Mateo County STARS Award for Outstanding Customer Service	2009
San Mateo Medical Center Pain Management Clinic	2009
San Mateo Medical Center Team Player Award	2009
Quality Leaders Award Honorable Mention	2007
San Mateo Medical Center Customer Service Award	2007
Sigma XI Graduate Student Research Award	2000
West Virginia Psychological Association Student Research Award	2000

### GRANTS & FUNDING AWARDS

Universitywide AIDS Research Program IDEA Grant; Psychologist Awarded: \$112,833; Acceptance Therapy to Reduce Avoidance Coping in HIV/AIDS	2005
Universitywide AIDS Research Program Community Collaborative Award; Psychologist Awarded: \$274,237; Integrated Pain Management for HIV Patients	2005
American Pain Society Young Investigator Travel Support Grant Awarded: \$750; Travel and research dissemination funding	2004
American Association of Endodontists Foundation, Endodontic Research Grant Awarded: \$10,081; Dissertation funding	2002
West Virginia University, Psychology Alumni Research Fund Awarded: \$500; Dissertation funding	2002
West Virginia University, School of Dentistry Research Foundation Awarded: \$3,600; Dissertation funding	2002
West Virginia University, Eberly College of Arts and Sciences Dissertation Research Fund Awarded: \$600; Dissertation funding	2002
West Virginia University, William E. Vehse Endowment for Graduate Student Travel Awarded: \$300	2002
West Virginia University, Eberly College of Arts and Sciences Travel Fund	

Awarded: \$600 West Virginia University, Psychology Alumni Travel Fund	2001
Awarded: \$50 West Virginia University, Psychology Alumni Research Fund	2000
Awarded: \$300; Master's thesis funding West Virginia University, Department of Anesthesiology Research Fund	2000
Awarded: \$975; Master's thesis funding	1999

**PROFESSIONAL & COMMUNITY SERVICES**

Stop CAID Now (Advisory Board)	2012 - present
Foundation for Brazilian Arts and Culture (Advisory Board)	2009 - present
Susan G. Komen Breast Cancer Foundation, National Race for the Cure Fund Raising Coordinator, Washington, DC; San Diego, CA; San Francisco, CA	1999 - present
American Cancer Society, Relay for Life Menlo Park	2009
Equality California, San Mateo Chapter Member	2004 - 2005
Obesity Task Force Committee, VA San Diego Healthcare System	2003 - 2004
Undergraduate Training Committee, West Virginia University	2000 - 2001
Diversity Issues Committee, West Virginia University	1999 - 2000
Quin Curtis Center Steering Committee, West Virginia University	1998 - 1999
Graduate Student Quality of Life Committee, West Virginia University	1998 - 1999
In Touch and Concerned Volunteer, Morgantown West Virginia	1996 - 1997

**CLINICAL EXPERIENCES**

<b>Behavioral Health Psychology Services</b> Founder and Director www.behavioralhealthpsychology.com Licensed Psychologist Behavioral Health Consultant Private Practice	2007 - present
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Clinical Duties: Behavioral medicine services for individuals and health care clinics in the San Francisco Bay Area. Services include clinical assessment and individual psychotherapy with adults; comprehensive psychological evaluation and report writing; program development and implementation for existing health care clinics. Specializations include chronic pain management, anxiety disorders, depressive disorders, coping with chronic illness/disease, exercise adherence, weight management, stress management, smoking cessation, and grief coping.

Provision of Pain Psychology Consultation Services:

- OnTrack Functional Restoration Program, Emeryville, CA
- Oasis Pain & Wellness Center, Pleasanton, CA
- Feinberg Medical Group, Palo Alto, CA
- Northern California Pain Care, San Rafael, CA
- San Mateo Medical Center, San Mateo, CA

Research Duties: Provide expert consultation services to top research institutions conducting grant-related research projects, include University of California, San Diego and the VA San Diego Healthcare System.

Teaching Duties: Teach and supervise individuals with expressed interest in learning about clinical psychology in general and psychological and behavioral approaches to chronic pain management in particular.

- Capstone Student 2013
  - Ica Cabral

**Stanford University**

2009 - 2012

**School of Medicine**

**Department of Anesthesia**

**Division of Pain Management**

**Pain Management Center**

**Clinical Instructor**

Licensed Psychologist

Clinical Duties: Multidisciplinary assessment and conferencing of patients with chronic pain, worker's compensation evaluations, consultation with patient's mental health providers, psychoeducation, group psychotherapy, report writing, assessment and treatment of patients with chronic pain. Treatment involves individual psychotherapy utilizing empirically supported cognitive behavioral interventions for chronic pain management.

Research Duties: Independent and collaborative manuscript preparation for peer reviewed journal submission, presentations at professional conferences, and assistance with clinical research projects involving individuals with chronic pain.

Teaching Duties: Clinical and research presentations during grand rounds, training services to multidisciplinary treatment teams, and monthly individual education to medical students and residents.

Supervision Duties: Assistance with the development and implementation of a pain psychology postdoctoral fellowship program. Individual and group supervision of postdoctoral fellows regarding clinical- and research-related activities.

Graduate Students Supervised: Shauna Geraghty, 2010; Adam Miner, 2012

Post-Doctoral Fellows Supervised: Jeremy Bartz, 2011-2012;

**San Mateo Medical Center /**

2005 - 2009

**VA Palo Alto Health Care System Center for Health Care Evaluation**

Clinical Trials & Research Department (2005 - 2009)

Medical Psychiatry Clinic (2009 - 2009)

Pain Management Clinic (2006 - 2009)

Licensed Psychologist

Clinical Duties: Psychoeducation, group psychotherapy, report writing, assessment and treatment of HIV / AIDS patients with chronic pain and a broad range of clinical foci such as problems with treatment adherence, mood and anxiety disorders, and stress management. Provision of assessment and treatment services to patients with psychiatric needs in outpatient and inpatient clinics throughout the hospital.

Research Duties: Assistance in the development, implementation, and evaluation of a manualized treatment for HIV / AIDS patients with chronic pain in primary care settings. Responsibilities include writing treatment manual, conducting therapy sessions with patients, data collection, and manuscript preparation.

Teaching Duties: Clinical and research presentations during grand rounds as well as in-house training services to multidisciplinary treatment teams. Provided supervision for clinical psychology interns.

Supervision Duties: Individual and group supervision of health psychology interns. Supervised trainees in Medical Psychiatry and Pain Management clinics. Was primary supervisor to four interns and secondary supervisor to eight interns.

Program/Policy Development: Part of task force to develop a standardized clinical pathway for pain patients in the AIDS Program at San Mateo Medical Center. Also assisting to develop and implement a specialty pain service in the San Mateo Medical Center. Received honorable mention award for Clinical Quality Improvement from the California Association of Public Hospitals and Health Systems as a result of our ingenuity in chronic pain management service provision.

**VA San Diego Healthcare System /  
University of California, San Diego**

2003 - 2004

Post-doctoral Fellow

Supervisors: Julie L. Wetherell, Ph.D., Mark G. Myers, Ph.D.

Clinical Duties: Psychoeducation, group psychotherapy, report writing, assessment and treatment of veterans with broad range of clinical foci such as problems with adherence, obesity, chronic pain, mood and anxiety disorders, pre-surgical evaluations, and stress management. Provide weekly clinical services to Weight Control Clinic. Supervision of psychology practicum and internship trainees.

Research Duties: Assistance in the development and evaluation of a manualized treatment for older-adult medical patients. Responsibilities include writing treatment manual, conducting therapy sessions with patients, data collection, and manuscript preparation. Additional research activities include writing a cognitive-behavioral treatment (CBT) protocol for phantom limb pain that will be used in a clinical research project comparing CBT alone with CBT plus mirror box training for phantom limb pain management, and collaborating to write an acceptance-based treatment manual for chronic pain. An initial acceptance-based treatment has been generated and plans to conduct a formal treatment outcome study are underway.

Teaching Duties: Clinical and research presentations during behavioral medicine seminar as well as in-house training services to multidisciplinary treatment teams.

Supervision Duties: Provided secondary supervision to psychology graduate students and behavioral medicine internship trainees.

Administrative Duties: Receiving and handling distribution of electronic consults to Behavioral Medicine service, Firm Executive Committee representative for Behavioral Medicine, Obesity Task Force representative, and consultation to VASDHS Call Center for stress management strategies with staff.

**VA Palo Alto Health Care System**

2002 - 2003

Psychology Intern

Training Director: Antonette Zeiss, Ph.D.

Supervisors: Chantal Begin, PsyD, Judith Chapman, Ph.D., Matthew Cordova, Ph.D.,  
Robert Hall, Ph.D., Steven Lovett, Ph.D.

Clinical Rotations: Behavioral Medicine, Primary Care, Oncology, Cardiology, Inpatient  
Severe Mental Illness, Pain Clinic.

Clinical Duties: Psychoeducation, report writing, interdisciplinary assessment and treatment of veterans with broad range of clinical foci such as problems with adherence, obesity, addictions, chronic pain, mood and anxiety disorders, pre-surgical evaluations, and stress management.

**Center for School Mental Health Assistance**

2001 - 2002

Psychology Practicum Student

Center Director: Mark D. Weist, Ph.D.

Supervisors: Mark D. Weist, Ph.D., Susan Hill, Ph.D.

Clinical Duties: Multidisciplinary assessment and treatment of children with various behavior problems, interviewed parents, classroom support with disruptive children, report writing, conducted individual and group therapy, and led prevention/education groups for students, teachers, and parents.

Research Duties: Reviewed journal articles and book chapters, summarized articles for center internet web site, developed research protocol for projects, and wrote project summaries, reports, and journal articles.

**Oasis Occupational Rehabilitation and Multidisciplinary Pain Management**

2000 - 2001

Psychology Practicum Student

Clinic Director: Richard T. Gross, Ph.D.,

Supervisors: Richard T. Gross, Ph.D., Jeannie A. Sperry, Ph.D.

Clinical Duties: Multidisciplinary assessment and treatment of chronic and acute pain patients, presurgical evaluations, weekly multidisciplinary staffing of patients, and conducted coping skills groups, individual and group psychoeducation, and biofeedback.

Research Duties: Data collection and management, manuscript preparations, and presentations at local and national conferences.

**Western Pennsylvania Hospital Burn Trauma Center**

2000

Psychology Graduate Student Volunteer

Clinical Supervisor: Christina Adams, Ph.D.

Clinical Duties: Clinical rounds with physicians and residences, multidisciplinary interactions with hospital personnel, assisted with teaching children pain coping strategies and distraction techniques, and spent one week at a recreational camp for children ages 4 through 18 years with history of burn trauma.

**Quin Curtis Center for Psychological Services, Training, and Research**

1998 - 2001

Psychology Graduate Student Therapist

Clinic Directors: Jan Kouzes, Ed.D. (1998-1999), Jeannie A. Sperry, Ph.D. (1999-2001)

Clinical Supervisor: Daniel W. McNeil, Ph.D.

Clinical Duties: Conducted assessment and treatment with patients experiencing a broad spectrum of psychopathology, report writing, individual and couples therapy, weekly individual and group supervision, supervision of junior graduate students, and communications with various medical service providers.

Research Duties: Clinical research in social phobia as well as manuscript preparation for a book chapter.

**Quin Curtis Center for Psychological Services, Training, and Research**

1998 - 1999

Graduate Assistant Coordinator

Clinical Supervisor: Jan Kouzes, Ed.D.

Administrative and Clinical Duties: Office management duties necessary to operate a psychology clinic at a graduate institution such as telephone intakes with potential patients, scheduling, weekly supervision of two undergraduate assistants, individual therapy, and weekly individual supervision and staff meetings.

**Anxiety Disorder Support Group**

1997 - 1999

Psychology Graduate Student Facilitator  
Clinical Supervisor: Daniel W. McNeil, Ph.D.

Clinical Duties: Facilitated support group operations three times per month for individuals experiencing problems with anxiety. Monthly supervision with supervisor and second group facilitator. Wrote the following document: **Sorrell, J. T.** (1998, May). *Anxiety Disorder Support Group Advertisement Procedures*. Unpublished document prepared for the Anxiety Disorder Support Group.

**PRIVATE PRACTICE/CONSULTATION****Behavioral Health Psychology Services**

2007 - present

www.behavioralhealthpsychology.com  
Licensed Psychologist  
Behavioral Health Consultant  
Private Practice

Clinical Duties: Behavioral medicine services for individuals and health care clinics in the San Francisco Bay Area. Services include clinical assessment and individual psychotherapy with adults; comprehensive psychological evaluation and report writing; program development and implementation for existing health care clinics. Specializations include chronic pain management, anxiety disorders, depressive disorders, coping with chronic illness/disease, exercise adherence, weight management, stress management, smoking cessation, and grief coping.

Research Duties: Provide expert consultation services to top research institutions conducting grant-related research projects, include University of California, San Diego and the VA San Diego Healthcare System.

**Private Practice: Clinical Services****OnTrack Functional Restoration Program**

2014 – present

Licensed Psychologist  
Consultant

Clinical Duties: Provide recommendation for program development, implementation, and evaluation. Conduct comprehensive psychological evaluations of patients with chronic pain, provide group psychoeducation to patients and individual therapy, provided pain psychology perspective to patient care within an interdisciplinary treatment team, and participate in team conferences to discuss patient progress in the pain management program. Created database to record treatment outcome data for program evaluation and improvement.

**San Mateo Medical Center, Pain Management Clinic**

2013

Licensed Psychologist  
Consultant

Clinical Duties: Therapist of CBT groups for patients with chronic pain who participate in the functional restoration program.

**Restore Functional Restoration Program**

2013

Licensed Psychologist  
Consultant

Clinical Duties: Conduct comprehensive psychological evaluations of patients with chronic pain, provide psychoeducation to patients in group and individual therapy settings, provided pain psychology perspective to patient care within an interdisciplinary treatment team, and participate in team conferences to discuss patient progress in the pain management program.

**Feinberg Medical Group**  
Licensed Psychologist  
Consultant

2012 – 2013

Clinical Duties: Conducted comprehensive psychological evaluations of patients with chronic pain and participate in interdisciplinary team conferences to discuss patient appropriateness for functional restoration program and other treatment modalities. Also led CBT group sessions for patients participating in the FRP.

**Oasis Pain and Wellness Center**  
Licensed Psychologist  
Consultant

2012

Services: Provided guidance to the director and clinic manager in starting a functional restoration program for patients with chronic pain. Assisted with the development and implementation of clinical and psychoeducation materials for psychological and behavioral approaches to chronic pain management for patients entering program. Also collated psychological assessment package and scoring program for clinicians to assist with evaluation processes and database management for patient care. Provide clinical supervision to psychologists working with patients in the functional restoration program to maximize treatment response.

**Performance Max / Met One**  
Licensed Psychologist  
Consultant

2007 - 2009

Clinical Duties: Psychoeducation, group and individual psychotherapy, report writing, assessment and treatment of patients with exercise adherence and weight control problems. Conduct brief, problem-focused therapy using cognitive-behavioral therapy to patients within this 11-week cardiovascular and weight management program.

**Behavioral Medicine Clinic of the Peninsula**  
Licensed Psychologist  
Consultant

2005 - 2008

Clinical Duties: Psychoeducation, group psychotherapy, individual psychotherapy, report writing, assessment and treatment of patients with chronic pain. Conduct weekly group psychotherapy using cognitive-behavioral and acceptance-based approaches to chronic pain management. In addition to pre-treatment assessment of patient psychological and social functioning, important outcome variables are measured at the conclusion of treatment and used to generate recommendations for further treatment to patient's primary care providers.



**MV Nutrition**

2007

Licensed Psychologist  
Consultant

Clinical Duties: Psychoeducation, individual psychotherapy, report writing, assessment and treatment of patients with weight control and dietetic adherence problems. Conduct brief, problem-focused individual psychotherapy using cognitive-behavioral therapy and acceptance-based approaches to weight control and dietetic adherence problems. In addition to pre-treatment assessment of patient psychological and social functioning, important outcome variables were measured at the conclusion of treatment and used to generate recommendations for continuity of care.

**Consultation: Research Services****University of California San Diego /**

2010 - present

**VA San Diego Healthcare System****Acceptance and Commitment Therapy, Telehealth, & Chronic Pain Treatment**

Clinical Research Consultant

Consultation Duties: Assist with the development of treatment protocol and examining the effectiveness of Acceptance and Commitment Therapy (ACT) using telehealth technology for patient veterans with chronic pain living far away from the medical center. Consultation services involve review of clinician adherence to research protocol and provision of treatment fidelity ratings. Assistance with manuscript preparation for peer reviewed journal submission.

**University of California San Diego /**

2006 - 2011

**VA San Diego Healthcare System****Phantom Limb Pain Study**

Clinical Research Consultant

Consultation Duties: Assist with research design, grant writing, protocol development, and review of clinician adherence to research protocol. Continue to provide assistance with review of treatment protocol adherence.

**University of California San Diego /**

2008 - 2011

**VA San Diego Healthcare System****Acceptance and Commitment Therapy & Chronic Pain Study**

Clinical Research Consultant

Consultation Duties: Assist with examining the effectiveness of Acceptance and Commitment Therapy (ACT) for patient veterans with chronic pain. Consultation services involve review of clinician adherence to research protocol and provision of treatment fidelity ratings. Assistance with manuscript preparation for peer reviewed journal submission.

**Stanford University**

2009 - 2009

**RISE Study**

Research Clinician &amp; Clinical Supervisor

Consultation Duties: Provided cognitive behavioral therapy (CBT) to HIV / AIDS patients with significant history of trauma. Conducted weekly therapy groups with graduate student trainees. Weekly supervision was provided to trainees and feedback on treatment skills was offered to increase learning and development of clinical skills. Will assist with manuscript preparation for peer reviewed journal submission.

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**CLINICAL WORKSHOPS & PRESENTATIONS**

(International and National)

- Sorrell, J. T.** (2014). Mindfulness in Brazilian Jiu-Jitsu: Theory and Application for the Jiu-Jitsu Practitioner. Paper to be presented at the 2014 Sport and Society International Conference, Rio de Janeiro, Brazil.
- Sorrell, J. T.,** & Prasad, R., & Bartz, J. D. (2012, February). *CBT, ACT, & Mindfulness: New Developments for Chronic Pain Management*. Symposium presented at the American Association of Pain Medicine 28<sup>th</sup> Annual Meeting, Palm Springs, CA.
- Sorrell, J. T.,** Atkinson, J., Afari, N., Rutledge, T., Stoddard, J., Petkus, A., Solomon, B., Lehman, D., Liu, L., Lang, A., & Wetherell, J. (2012, February). *ACT and CBT for Chronic Pain: A Randomized, Controlled Trial*. Presentation made at the American Association of Pain Medicine 28<sup>th</sup> Annual Meeting, Palm Springs, CA.
- Prasad, R., **Sorrell, J. T.,** & Bartz, J. D. (2012, February). *CBT for Chronic Pain: Current Evidence*. Presentation made at the American Association of Pain Medicine 28<sup>th</sup> Annual Meeting, Palm Springs, CA.
- Bartz, J. D., **Sorrell, J. T.,** & Prasad, R. (2012, February). *Mindfulness for Chronic Pain*. Presentation made at the American Association of Pain Medicine 28<sup>th</sup> Annual Meeting, Palm Springs, CA.
- Prasad, R., **Sorrell, J. T.,** Leong, M., & Dorward, V. (2011, August). *Integrating the Roles of Psychologists, Physicians, and Physical Therapists: An Interdisciplinary Approach to Chronic Pain Management*. Symposium presented at the 119<sup>th</sup> convention of the American Psychological Association, Washington, DC.
- Sorrell, J. T.** (2011, August). *The psychology of chronic pain: The important role of a psychologist in an interdisciplinary approach to chronic pain management*. Presentation made at the 119<sup>th</sup> convention of the American Psychological Association, Washington, DC.
- Sorrell, J. T.** (December, 2010). *Stress is making you fat*. Guest speaker for Blog Talk Radio. [www.blogtalkradio.com/eatingfree](http://www.blogtalkradio.com/eatingfree).
- Sorrell, J. T.** (October, 2010). *Willpower: Friend or foe with weight loss*. Guest speaker for Blog Talk Radio. [www.blogtalkradio.com/eatingfree](http://www.blogtalkradio.com/eatingfree).
- Sorrell, J. T.,** & Ferreira, I. (2010, June). *A multidimensional approach to Capoeira: Biological, psychological, and social factors*. Presentation sponsored by the 35<sup>th</sup> Anniversary of Capoeira Foundation, New York, New York.
- Moitra, E., Warner, C. M., Reigada, L., Benkov, K., Weisberg, R. B., Keller, M. B., Wetherell, J. L., Ayers, C. R., **Sorrell, J. T.,** Stoddard, J., Ruberg, J. L., Afari, N., & Robinson, P. J. (June, 2010). *Treating anxiety conditions across the lifespan in primary care*. Symposium presented at the 2010 Annual Conference of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Sorrell, J. T.,** & Ferreira, I. (2010, April). *Psychological aspects of Brazilian Martial Arts*. Workshop sponsored by Quizumba Capoeira, Ankara, Turkey.

- Sorrell, J. T., & Ferreira, I.** (2010, March). *The biopsychosocialspiritual aspects and benefits of Brazilian Martial Arts: Capoeira and Jiu-Jitsu*. Paper presented at the Sport and Society International Conference, Vancouver, Canada.
- Rosen, B. M., **Sorrell, J. T.**, Wilcox, A., & Anderson, S. (2008, April). *Impact of a multidisciplinary pain clinic on service utilization and hospital charges*. In *Creative Management in Chronic Pain – Implications for Drug Dependent Patients*. Workshop sponsored by the American Society of Addiction Medicine, Toronto Ontario, Canada.
- Sorrell, J. T.** (2004, March). *Interventions for dentists to reduce dental fear among root canal and other dental patients: Current findings and practical implications*. In *Contemporary approaches to fear about dental pain: Theoretical formulations and clinical applications*. Workshop sponsored by the International Association for Dental Research, Honolulu, HI.
- Lejuez, C. W., & **Sorrell, J. T.** (2000, May). *A brief behavioral activation treatment for depression*. Workshop sponsored by the Association for Behavior Analysis, Washington, DC.
- (State and Local)
- Sorrell, J. T.** (2012, July). Acceptance and Commitment Therapy for chronic pain: ACT on life. Presentation sponsored by the Las Vegas Recovery Center, Las Vegas, NV.
- Sorrell, J. T.** (2012, June). *Pain Anxiety: Psychological & Behavioral Implications in Chronic Pain*. Presentation sponsored by Stanford University, Department of Anesthesia, Redwood City, CA.
- Sorrell, J. T.** (2011, October). Acceptance and Commitment Therapy for chronic pain: How to help patients to ACT on life. Presentation sponsored by the Northern California Association of Pain Psychologists, Redwood City, CA.
- Sorrell, J. T.** (2011, September). Psychology of being present: Brazilian martial arts. Presentation sponsored by the Foundation for Brazilian Arts and Culture, San Mateo, CA.
- Sorrell, J. T.** (2010, November). Third wave behavior therapy: Acceptance and Commitment Therapy for chronic pain. Presentation sponsored by Stanford University, Department of Anesthesia, Division of Pain Management, Stanford, CA.
- Sorrell, J. T., Anderson, S., Date, E., & Wilcox, A.** (2010, February). Chronic pain and addiction: Conceptualization and treatment. Presentation sponsored by the Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T., Date, E., Anderson, S., & Wilcox, A.** (2010, January). San Mateo Medical Center Chronic Pain Management Clinic: Program Review and Outcomes. Presentation sponsored by the SMMC Hospital Board, San Mateo, CA.
- Sorrell, J. T.** (2009, December). *Chronic pain: A cognitive-behavioral approach to assessment and treatment*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2009, April). *Acceptance and chronic pain*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.

- Sorrell, J. T.** (2009, February). *Overview of HIV/AIDS, cognitive behavioral therapy, and treatment issues*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Date, E., **Sorrell, J. T.**, Wilcox, A., & Anderson, S. (2009, February). *Interdisciplinary treatment interventions for chronic pain management*. Presentation sponsored by the Office of the Medical Staff, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2009, February). *Cognitive behavioral assessment & treatment of patients with chronic pain*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2009, January). *Addictive disease: Theory & treatment*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2008, July). *Designing psychotherapy groups*. Presentation sponsored by the Medical Psychiatry Department, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.**, Rosen, B., Wilcox, A., & Anderson, S. (2008, May). *Chronic pain and behavior management: Strategies for primary care providers*. Presentation sponsored by the Office of the Medical Staff, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2007, November). The psychological benefits of exercise. Presentation sponsored by Luanda Capoeira San Francisco, Santa Cruz, CA.
- Sorrell, J. T.** (2007, July). *Cognitive Behavioral Therapy and Acceptance Therapy for Chronic Pain Management among Patients with HIV/AIDS*. Presentation sponsored by the Department of Emergency Services, San Francisco General Hospital, San Francisco, CA.
- Sorrell, J. T.** (2006, August). *San Mateo County AIDS Program Pain Policy Development*. Presentation sponsored by Clinical Trials and Research, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2006, May). *Acceptance therapy for chronic pain patients in substance abuse treatment*. Presentation sponsored by The Sequoia Center of Redwood City, Redwood City, CA.
- Sorrell, J. T.** (2006, May). *Psychological approaches to HIV Pain Management*. Presentation given at the May 2006 Pain Management and End-of-Life Care for HIV/AIDS Conference and sponsored by the San Francisco Area Pacific AIDS Education and Training Center, San Francisco, CA.
- Sorrell, J. T.** (2006, March). *Cognitive behavioral assessment and treatment of patients with chronic pain*. Presentation sponsored by Mills Peninsula Medical Center, Burlingame, CA.
- Sorrell, J. T.** (2006, March). *Psychological approaches to chronic pain management in HIV and other chronic diseases*. Presentation sponsored by the Clinical Trials & Research Unit at San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2005, November). *Limit setting and prescribing opioid medication*. Presentation sponsored by the Clinical Trials & Research Unit at San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.** (2005, October). *Cognitive behavioral assessment and treatment of patients with chronic pain*. Presentation sponsored by the Psychiatry Residency Grand Rounds at San Mateo Medical Center, San Mateo, CA.

- Sorrell, J. T.** (2005, June). *Assessment and treatment of chronic pain using Cognitive Behavioral interventions*. Presentation sponsored by the San Mateo Medical Center Psychology Internship, San Mateo, CA.
- Sorrell, J. T.** (2005, May). *Fear, avoidance, and acceptance in chronic pain management*. Presentation sponsored by the VA Palo Alto Health Care System, Center for Health Care Evaluation, Menlo Park, CA.
- Sorrell, J. T.**, (2005, January). *Cognitive behavioral therapy for chronic pain management in chronic disease*. Presentation sponsored by Clinical Trials and Research, San Mateo Medical Center, San Mateo, CA.
- Sorrell, J. T.**, Tager, S., & Hayes, M. (2002, April). *Psychosocial aspects of asthma and treatment adherence*. Presentation sponsored by the Center for School Mental Health Assistance, Baltimore, MD.
- Gross, R. T., & **Sorrell, J. T.** (2001, March). *A review of multidisciplinary functional restoration programs for chronic pain patients: Recent findings and clinical implications*. Presentation sponsored by the Quin Curtis Center for Psychological Service, Training, and Research, Morgantown, WV.
- Sorrell, J. T.** (2000, November). *Effects of pain and fear stimulus intensity levels on pain responding in chronic pain patients*. Presentation sponsored by the Quin Curtis Center for Psychological Service, Training, and Research, Morgantown, WV.
- Sperry, J. A., & **Sorrell, J. T.** (2000, September). *Multidisciplinary functional restoration*. Presentation sponsored by West Virginia University Health Sciences Center & Family Medicine, Morgantown, WV.
- Sorrell, J. T.** (2000, July). *Research and practical uses of SPSS in an occupational rehabilitation and pain management clinic*. Presentation sponsored by Oasis Occupational Rehabilitation and Pain Management, Charleston, WV.
- Sorrell, J. T.**, & McNeil, D. W. (1999, November). *Behavioral treatment of social phobia*. Presentation sponsored by the Quin Curtis Center for Psychological Service, Training, and Research, Morgantown, WV.
- McNeil, D. W., & **Sorrell, J. T.** (1999, April). Contemporary assessment and treatment of social anxiety disorders. Workshop sponsored by the West Virginia Psychological Association, Charleston, WV.

## RESEARCH ARTICLES, CHAPTERS, PRODUCTIONS

### Manuscripts in Progress

- Sorrell, J. T.** (in progress). Mindfulness in Brazilian Jiu-Jitsu: Theory and Application for the Jiu-Jitsu Practitioner.
- Prasad, R., **Sorrell, J. T.**, Dorward, V., & Leong, M. (in progress). Interdisciplinary management of chronic pain: the critical role of psychology.

### Peer Reviewed Articles

- Huggins, J. L., Bonn-Miller, M. O., Oser, M. L., **Sorrell, J. T.**, Trafton, J. A. (2012). Pain anxiety, acceptance, and outcomes among individuals with HIV and chronic pain: A preliminary

- investigation. *Behaviour Research and Therapy*, 50, 72-78.
- Trafton, J. A., **Sorrell, J. T.**, Holodniy, M., Pierson, H., Meng, P., Combs, A., & Israelski, D. M. (2011). Outcomes associated with a cognitive-behavioral chronic pain management program implemented in three public HIV primary care clinics. *Journal of Behavioral Health Services & Research*, 38, 1-15.
- Wetherell, J. L., Afari, N., Rutledge, T., **Sorrell, J. T.**, Stoddard, J., Petkus, A. J., Solomon, B. C., Lehman, D. H., Liu, L., Lang, A. J., & Atkinson, J. H. (2011). A randomized, controlled trial of Acceptance and Commitment Therapy and Cognitive-Behavioral Therapy for chronic pain. *Pain*, 152, 2098-2107.
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#### Book Chapters

- Sorrell, J. T.**, & Ferreira, I. (submitted). A multi-dimensional model of the martial arts: How biological, psychological, social, and spiritual factors interact in Brazilian Jiu-Jitsu & Capoeira. In K. Gilbert (Ed.), *Fighting: Intellectualizing Combat Sports*. London: Common Ground Publishing.
- McNeil, D. W., **Sorrell, J. T.**, Vargovich, A., & Vowles, K. E. (submitted). Emotional and environmental determinants of dental pain. In D. I. Mostofsky & F. Fortune (Eds.), *Behavioral Dentistry*, second edition. Wiley-Blackwell.

- McNeil, D. W., Lejuez, C. W., **Sorrell, J. T.** (2010). Basic behavioral mechanisms and processes in social anxieties and social anxiety disorders. In S. G. Hofmann & P. M. DiBartolo (Eds.), *Social anxiety, second edition: Clinical, developmental, and social perspectives*. Academic Press.
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- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, McKee, D. R., Zvolensky, M. J., Graves, R. W., Weaver, B. R., & Riel, J. (2005). Oral surgery appointment attendance: Effects from fears of dentistry and pain. In P. L. Gower (Ed.), *Psychology of fear* (pp. 91-105). Hauppauge, NY, Nova Science Publishing.
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#### Abstracts Published

- Vowles, K. E., **Sorrell, J. T.**, & Wetherell, J. L. (2006). *Acceptance-based group treatment for chronic pain: Findings of two pilot investigations* [Abstract]. *The Journal of Pain*, 7, (Suppl. 1), 69.
- Sorrell, J. T.**, McNeil, D. W., & Vowles, K. E. (2004). *Effects of Information type on expected, experienced, and remembered pain among endodontic patients* [Abstract]. *The Journal of Pain*, 5, (Suppl. 1), S90.
- Vowles, K. E., & **Sorrell, J. T.** (2004). *Acceptance of chronic pain: Efficacy of a short-term intervention* [Abstract]. *The Journal of Pain*, 5, (Suppl. 1), S92.
- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, McKee, D. R., Zvolensky, M. J., Graves, R. W., Weaver, B. R., Riel, J., & Lawrence, S. M. (2003). Dental fear and fear of pain: Evaluating the validity of subtypes among oral surgery outpatients [Abstract]. *The Journal of Pain*, 4, (Suppl. 1), 23.
- McNeil, D. W., Vowles, K. E., Crout, R. J., **Sorrell, J. T.**, Razmus, T. F., Lewis, M. W., Lawrence, S. M., Rice, E., Patthoff, E., & Chrystan, J. A. (2003). Dental fear and fear of pain: Differentiating clusters of dental patients [Abstract]. *Journal of Dental Research*, 82, A-987.
- Sorrell, J. T.**, McNeil, D. W., Vowles, K. E., Lawrence, S., Chrystan, J. A., & Gochenour, L. (2003). Evidence-based assessment and patient education using informational videotapes [Abstract]. *Journal of Dental Research*, 82, A-1004.
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- Vowles, K. E., **Sorrell, J. T.**, McNeil, D. W., Lawrence, S. M., & Rice, E. (2002). Is fear painful? An experimental investigation into the relation between fear and pain [Abstract]. *Annals of Behavioral Medicine*, 24 (Suppl. 1), S26.



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#### Videotaped Productions

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#### Manualized Treatment Productions

**Sorrell, J. T.**, Anderson, S., Wilcox, A., Yiaslas, T., Crawford, M., Jones, K., & Giron, G. (2009). *Awareness and Choice Group: Therapist Guide and Patient Workbook*. San Mateo Medical Center, San Mateo, CA.

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**Sorrell, J. T.**, Trafton, J. A., & McKellar, J. D. (2006). *Living your Life While Managing Chronic Pain. Workbook*. San Mateo Medical Center, VA Palo Alto Health Care System, Center for Health Care Evaluation, Stanford University School of Medicine.

**Sorrell, J. T.**, McQuaid, J. R., Peterzell, D. H., & Simpson, L. E. (2006). *Cognitive-Behavioral Treatment of Phantom Limb Pain. Treatment Manual*. University of California, San Diego and VA San Diego Healthcare System.

**Sorrell, J. T.**, Trafton, J. A., & McKellar, J. D. (2005). *Integrated Management of Pain. Workbook*. San Mateo Medical Center, VA Palo Alto Health Care System, Center for Health Care Evaluation, Stanford University School of Medicine.

Vowles, K. E., & **Sorrell, J. T.** (2005). *Life with Chronic Pain: An Acceptance-Based Approach. Therapist Guide and Patient Workbook*. University of Virginia, and San Mateo Medical Center and VA Palo Alto Health Care System, Center for Health Care Evaluation.

**Sorrell, J. T.**, & Wetherell, J. L. (2005). *The CALM Study: Controlling Anxiety in Later-life Medical Patients. Workbook*. University of California, San Diego and VA San Diego Healthcare System.

Depp, C. A., & Sorrell, J. T. (2005). *The QUICKSILVER Manual: A Program for Older People with Bipolar Disorder. Workbook*. University of California, San Diego and VA San Diego Healthcare System.

Consulting Report

Lowie, J. A., Sander, M., Ambrose, M. G., Mullett, E., Sorrell, J. T., Rosner, L., McDuffey, L., & Weist, M. D. (2001). *Building a statewide youth movement against tobacco in Maryland: Youth ideas, reactions and recommendations to move forward*. Report prepared for the Office of Health Promotion, Education and Tobacco Use Prevention, Department of Health and Mental Hygiene.

**RESEARCH PRESENTATIONS**

Sorrell, J. T., Ramchandani, K., Anderson, S., Wilcox, A., Date, E., Mazza, M., Datt, A., Lopez, R., Saito, P., & Yang, C. (2010, April). The impact of an interdisciplinary pain management program on service utilization in a county hospital. Poster presented at the 2010 Annual Conference of the California Psychological Association, Orange County, CA.

Wetherell, J. L., Ayers, C. R., Sorrell, J. T., Stoddard, J., Ruberg, J. L., & Afari, N. (June, 2010). *A randomized pilot study of Acceptance and Commitment Therapy for older primary care patients with generalized anxiety disorder*. Paper presented at the 2010 Annual Conference of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Wetherell, J. L., Afari, N., Rutledge, T., Sorrell, J. T., & Petkus, A. (April, 2010). *Acceptance and Commitment Therapy and Cognitive-Behavioral Therapy for chronic pain*. Poster presented at the 2010 Annual Conference of the Society of Behavioral Medicine, Seattle, WA.

Sorrell, J. T., Pierson, H., Trafton, J. A., Link, P., Holodniy, M., & Israelski, D. M. (August, 2008). *Impact of Cognitive Behavioral Therapy on Acceptance among HIV/AIDS Patients with Chronic Pain in a Primary Care Setting*. Poster presented at the annual meeting of the International AIDS Society, Mexico City, Mexico.

Gifford, E., Sorrell, J. T., & Trafton, J. A. (November, 2007). *Affect tolerance, acceptance and behavioral reactivity: The neurobiology of response to immediate reward*. Paper presented at the November 2007 annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.

Pierson, H., Sorrell, J. T., Trafton, J. A., Link, P., Holodniy, M., & Israelski, D. M. (November, 2007). *Learning to accept chronic pain through CBT among HIV/AIDS patients in a primary care setting*. Paper presented at the November 2007 annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.

Sorrell, J. T., Pierson, H., Trafton, J., Link, P., Holodniy, M., & Israelski, D. (July, 2007). *Primary care and chronic pain: The role of acceptance in cognitive behavioral therapy among patients with HIV/AIDS*. Paper incorporated into conference program at the July 2007 annual meeting of the International AIDS Society Conference, Sydney, Australia.

Pierson, H., Sorrell, J. T., Trafton, J. A., Link, P., Holodniy, M., & Israelski, D. M. (May, 2007). *Learning to accept chronic pain through CBT among HIV/AIDS patients in a primary care setting*. Paper presented at the May 2007 annual meeting of the American Pain Society, Washington, DC.

Trafton, J., Sorrell, J. T., Link, P., Holodniy, M., & Israelski, D. M. (August, 2006). *Integrated pain management for patients with HIV receiving care in a public setting: Preliminary results*. Paper presented at the August 2006 annual meeting of the International AIDS Society Conference, Toronto, Canada.

- Trafton, J., **Sorrell, J. T.**, Link, P., & Israelski, D. M. (February, 2006). *Integrated pain management for patients with HIV receiving care in a public setting: Preliminary results*. Paper presented at the February 2006 annual meeting of the Universitywide AIDS Research Program, San Mateo, CA.
- Wetherell, J. L., **Sorrell, J. T.**, Thorp, S. R., & Patterson, T. L. (November, 2005). *The CALM Study: A modular psychotherapy protocol for anxious older medical patients*. Paper presented at the November 2005 annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Sorrell, J. T.**, Lang, A. J., Rodgers, C. S., & Lebeck, M. M. (March, 2005). *Anxiety sensitivity as a predictor of labor pain*. Paper presented at the March 2005 annual meeting of the Anxiety Disorders Association of America, Seattle, WA.
- Wetherell, J. L., **Sorrell, J. T.**, Stanley, M. A., & Lenze, E. J. (March, 2005). *Comparison of cognitive-behavioral therapy and Citalopram for late-life generalized anxiety disorder*. Poster presented at the March 2005 annual meeting of the Anxiety Disorders Association of America, Seattle, WA. This poster also will be presented at the December 2005 meeting of the American College of Neuropsychopharmacology, Honolulu, HI.
- Wetherell, J. L., **Sorrell, J. T.**, & Lenze, E. J. (2004, November). *Treatment of Generalized Anxiety Disorder in Older Adults: A Meta-analysis of CBT Trials and Comparison with Citalopram*. Poster presented at the 2004 meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Sorrell, J. T.**, Thorp, S. R. & Wetherell, J. L. (2004, August). *Evidence-based Treatments for Geriatric Anxiety*. In *Establishing Evidence Based Treatments for Older Adults*. Paper presented at the 2004 meeting of the American Psychological Association, Honolulu, HI.
- Sorrell, J. T.**, & McNeil, D. W. (2003, November). *Pain predictions versus actual experiences among monitors and blunters during root canal treatment*. Poster presented at the 2003 meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, & Gross, R. T. (2003, November). *Pain-related acceptance and functional ability in individuals with chronic pain*. Poster presented at the 2003 meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Sorrell, J. T.**, McNeil, D. W., Vowles, K. E., Lawrence, S. M., Chrystan, J. A., & Gochenour, L. (2003, March). *Evidence-based assessment and patient education using informational videos*. Poster presented at the March 2003 meeting of the American Association of Dental Research, San Antonio, TX.
- McNeil, D. W., Vowles, K. E., Crout, R. J., **Sorrell, J. T.**, Raxzmus, T. F., Lewis, M. W., Lawrence, S. M., Rice, E. R., Patthoff, E., & Chrystan, J. A. (2003, March). *Dental fear and fear of pain: Differentiating clusters of dental patients*. Poster presented at the March 2003 meeting of the American Association of Dental Research, San Antonio, TX.
- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, Graves, R. W., & Weaver, B. D. (2003, March). *Dental fear and pain-related anxiety: Evaluating the validity of different patient subtypes among a sample of oral surgery patients*. Poster presented at the March 2003 meeting of the American Pain Society, Chicago, IL.

- Sorrell, J. T.**, Vowles, K. E., McNeil, D. W., Broadman, L. M., Hursey, K. G., Huber, S. J., & Vaglienti, R. M. (2002, November). *Fear of pain and the prediction of distress among chronic pain patients*. Poster presented at the November 2002 meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, Lawrence, S. M., & Rice, E. (2002, November). *Determinants of Responding in Painful and Fearful Situations: An Experimental Investigation*. Poster presented at the November 2002 meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- Sorrell, J. T.**, Vowles, K. E., Gross, R. T., & McDaniel, M. (2002, April). *Physical and psychosocial predictors of post treatment work status in individuals with chronic pain*. Poster presented at the 2002 annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Sorrell, J. T.**, Vowles, K. E., Lawrence, S. M., & McNeil, D. W. (2002, April). *Fear of pain in dentistry: Current status and implications for treatment*. Poster presented at the 2002 annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Sander, M. A., Mullett, E. K., Lowie, J. A., Ambrose, M. G., **Sorrell, J. T.**, Rosner, L. E., Goldstein, A., Silverman, M. A., Weist, M. D., & McDuffie, L. (2002, February). *Perceptions of youth about tobacco prevention programs*. Presentation presented at the Centers for Disease Control 2002 National Leadership Conference, Washington, DC.
- Lowie, J. A., Mullett, E. K., Sander, M. A., Ambrose, M. G., Rosner, L. E., **Sorrell, J. T.**, Silverman, M. A., Goldstein, A., Weist, M. D., & McDuffie, L. (2002, February). *Lessons learned from focus groups with youth around tobacco use and prevention*. Presentation presented at the Centers for Disease Control 2002 National Leadership Conference, Washington, DC.
- Kennedy, S. G., McNeil, D. W., Hursey, K. G., Vowles, K. E., **Sorrell, J. T.**, Lawrence, S. M., Patthoff, E. B., Whipkey, D. T., Broadman, L. M., Vaglienti, R. M., & Huber, S. J. (2001, November). *Development of a short form of the Fear of Pain Questionnaire*. Poster presented at the Association for the Advancement of Behavior Therapy Conference, Philadelphia, PA.
- McNeil, D. W., Cohen, L. L., Crout, R. J., Berk, N. W., Weyant, R. J., Lawrence, S. M., Davis, B. A., Patthoff, E. B., Vowles, K. E., **Sorrell, J. T.**, & Tarter, R. E. (2001, November). *Dental fear differences in Appalachian children and their parents*. Poster presented at the Association for the Advancement of Behavior Therapy Conference, Philadelphia, PA.
- Sorrell, J. T.**, Vowles, K. E., McNeil, D. W., & Lawrence, S. M. (2001, October). *The roles of predictability and controllability in pain and fear reduction during dental procedures*. Poster presented at the West Virginia Psychological Association Fall Conference, Morgantown, WV.
- Sorrell, J. T.**, McNeil, D. W., Vowles, K. E., Broadman, L. M., Hursey, K. G., Huber, S. J., Vaglienti, R. M., & Kennedy, S. G. (2001, March). *Effects of pain and fear stimulus intensity on pain responding in chronic pain patients*. Poster presented at the Society of Behavioral Medicine Conference, Seattle, WA. This poster also was presented at the First Annual Sigma Xi Graduate Student Research Symposium, Morgantown, WV (third place poster award) and the West Virginia Psychological Association Spring Event & Poster Session, Davis, WV (first place poster award).
- Vowles, K. E., McNeil, D. W., **Sorrell, J. T.**, McKee, D. R., Zvolensky, M. J., Graves, R. W., Weaver, B. D., Riel, J., & Lawrence, S. M. (2001, March). *Relation among fear, anxiety, and appointment adherence in oral surgery patients*. Poster presented at the Society of Behavioral Medicine Conference, Seattle, WA.

- Sorrell, J. T.**, Zvolensky, M. J., Gross, R. T., Boggess, J., Sperry, J. A., & Lejuez, C. W. (2001, March). *Incremental validity of anxiety sensitivity dimensions in the differential prediction of impairment in occupational disabled chronic low back pain patients*. Poster presented at the Society of Behavioral Medicine Conference, Seattle, WA.
- Sorrell, J. T.**, McNeil, D. W., Vowles, K. E., Broadman, L. M., Hursey, K. G., Huber, S. J., Vaglienti, R. M., & Kennedy, S. G. (2000, November). *Avoidance and escape behavior in laboratory-based pain induction in chronic pain patients*. Poster presented at the Association for the Advancement of Behavior Therapy Conference, New Orleans, LA. This poster also was presented in the February 2001 American Association for Dental Research poster session, Morgantown, WV.
- Eifert, G. H., Zvolensky, M. J., **Sorrell, J. T.**, Hopko, D. R., Lejuez, C. W., & Detweiler (2000, November). *Predictors of anxiety and panic symptoms: An evaluation of anxiety sensitivity, suffocation fear, heart-focused anxiety, and breath-holding duration*. Poster presented at the Association for the Advancement of Behavior Therapy Conference, New Orleans, LA.
- Lejuez, C. W., Eifert, G. H., Zvolensky, M. J., Heffner, M. P., & **Sorrell, J. T.** (2000, November). *Control over the predictors of aversive events: Implications for the etiology and treatment of anxiety*. Paper presented at the Association for the Advancement of Behavior Therapy Conference, New Orleans, LA.
- Sorrell, J. T.**, Greco, L. A., & McNeil, C. B. (2000, May) *Theoretical foundations of PCIT: Contributions of basic behavioral principles*. Poster presented at the 1<sup>st</sup> annual Parent-Child Interaction Therapy Conference, Sacramento, CA.
- Zvolensky, M. J., Goodie, J. L., McNeil, D. W., Sperry, J. A., & **Sorrell, J. T.** (2000, April). *Anxiety sensitivity in the prediction of pain-related fear and anxiety in a heterogeneous chronic pain population*. Poster presented at the Society for Behavioral Medicine convention, Nashville, TN.
- McNeil, D. W., Frere, C. L., Crout, R. J., Yorty, J. S., **Sorrell, J. T.**, & Vowles, K. E. (2000, April). *Audiovisual distraction effects on physiological responding during dental prophylaxis*. Poster presented at the International Association of Dental Research, Washington, DC. This poster also was presented in the February 2000 American Association for Dental Research poster session, Morgantown, WV.
- Goodie, J. L., Sperry, J. S., **Sorrell, J. T.**, & McNeil, D. W. (1999, November). *Anxiety sensitivity in a chronic pain population*. Poster presented at the 1999 Association for the Advancement of Behavior Therapy conference, Toronto, Ontario, Canada. This poster also was presented in the February 2000 American Association for Dental Research poster session, Morgantown, WV.
- McNeil, D. W., **Sorrell, J. T.**, & Vowles, K. E. (1999, September) *Interdisciplinary study of anxiety, stress, and pain*. Poster presented at the Eberly College of Arts and Sciences Student Research Fall Symposium, Morgantown, WV.
- Lejuez, C. W., Zvolensky, M. J., **Sorrell, J. T.**, Heffner, M. P., Eifert, G. H., & Shear, M. K. (1999, March). *The interaction of predictability and control: Implications for the development and maintenance of anxiety*. Paper presented at the 19<sup>th</sup> annual meeting of the Anxiety Disorders Association of America, San Diego, CA.
- Eifert, G. H., Thompson, R. N., & **Sorrell, J. T.** (1998, November). *Validation of the Cardiac Anxiety Questionnaire: Preliminary data from cardiology patients*. Poster presented at the 1998 Association for the Advancement of Behavior Therapy conference, Washington, DC.

Eifert, G. H., Lau, A. W., & Sorrell, J. T. (1998, November). *Using behavioral experiments in the treatment of severe hypochondriasis and panic disorder: A case study*. Poster presented at the 1988 Association for the Advancement Behavior Therapy conference, Washington, DC.

### SAMPLE OF TEACHING EXPERIENCES

**Sorrell, J. T.** (2004, January). *Psychological approaches to chronic pain management*. Guest lecture in Prime Program, VA San Diego Healthcare System, San Diego, CA.

**Sorrell, J. T.** (2003, June). *Psychological conceptualizations and approaches to pain management*. Guest lecture in Psychiatry Lecture Series, Palo Alto, CA.

**Sorrell, J. T.** (2002, March). *Program evaluation and school-based mental health*. Guest lecture in Program Evaluation (Psychology Graduate Course) Morgantown, WV.

**Sorrell, J. T.** (2001, January). *Undergraduate field experiences in psychology at West Virginia University*. Guest lecture in Psychology as a Profession (Psychology 19; Undergraduate Course), Morgantown, WV.

**Sorrell, J. T.** (2001, January). *Clinical assessment and diagnosis*. Guest lecture in Abnormal Psychology (Psychology 281; Undergraduate Course), Morgantown, WV.

**Sorrell, J. T., & McNeil, D. W.** (2000, June). *Assessment of dental fear*. School of Dentistry, West Virginia University. Guest lecture in Issues in Behavioral Dentistry (Graduate Course) Morgantown, WV.

**Sorrell, J. T.** (2000, January). *Progressive muscle relaxation: Theoretical and practical issues*. Guest lecture in Adult Behavior Therapy (Psychology 482; Graduate Course), Morgantown, WV.

**Sorrell, J. T.,** (2000, February). *Assertiveness training: Please go to the end of the line, I was here first!* Guest lecture in Adult Behavior Therapy (Psychology 482; Graduate Course), Morgantown, WV.

**Sorrell, J. T.** (1998, April). *The graduate school application process*. Guest lecture in Psychology as a Profession (Psychology 19; Undergraduate Course), Morgantown, WV.

### RESEARCH EXPERIENCES

**Research Associate**, Dr. Daniel McNeil, West Virginia University  
Anxiety, Psychophysiology, and Pain Research Laboratory. 1998 - 2002

Duties Include: Coordinating journal article reading group in laboratory meetings, supervising undergraduate research assistants, conducting independent and collaborative research, presenting research at national conferences, and preparing manuscripts for publication.

**Research Assistant**, Dr. Daniel W. McNeil, West Virginia University  
Dental Anxiety & Fear Research Grant 1999 - 2000

Duties Included: Interviewing research participants, conducting technical aspects of experiments, data handling and analysis, constructed scanable forms to be used with various research projects, laboratory and equipment maintenance, and presenting research at national conferences.

**Research Associate**, Dr. Georg Eifert, West Virginia University  
Anxiety and Psychophysiology Research Laboratory. 1998 - 1999

Duties Included: Interviewing research participants, conducting technical aspects of experiments, data handling and analysis, laboratory and equipment maintenance, weekly laboratory meetings, presenting research at national conferences, and preparing manuscripts for publication.

**Research Aide**, Dr. David Schaal, West Virginia University 1997 - 1998  
Behavioral Psychopharmacology Research Laboratory.

Duties Included: Animal care, conducting technical aspects of experiments, data handling and analysis, laboratory and equipment maintenance, familiarity with scientific background, inventory of necessary supplies, and weekly laboratory meetings.

**Research Assistant**, Dr. Michael Perone, West Virginia University 1996 - 1997  
Experimental Analysis of Behavior Research Laboratory

Duties Included: Handling rat subjects, running experimental sessions, recording and analyzing data, cleaning and maintaining operant chambers, operant and respondent conditioning, discussing procedures, theories, and data, and attending weekly laboratory meetings to discuss journal articles.

**Research Assistant**, Dr. Kennon Lattal, West Virginia University 1996 - 1996  
Experimental Analysis of Behavior Research Laboratory

Duties included: Handling pigeon subjects, running experimental sessions, recording data, and discussing procedures, theories, and data.

### JOURNAL REVIEWING ACTIVITIES

European Journal of Pain	2010
Anxiety, Stress and Coping: An International Journal	2004
Journal of Youth and Adolescence	2001
Journal of Psychopathology and Behavioral Assessment	2000
Journal of Behavioral Medicine	2000
Behavior Therapy	1998

**PROFESSIONAL REFERENCES**

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\* Personal references and additional professional references available upon request.